**Exam 2 Study Guide 4260 2021**

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|  |  | Questions |
| Pain Management During Labor and Birth | * Identify non-pharmacologic strategies to enhance relaxation and decrease pain during labor. * Compare pharmacologic methods used to relieve pain in different stages of labor and for vaginal or cesarean birth. * Describe nursing responsibilities appropriate in providing care for women receiving analgesia and anesthesia during labor. | 9 |
| Infertility, Pregnancy Loss, and Fetal Demise | * List common causes of infertility. * Discuss psychologic impact of infertility. * Describe common diagnoses and treatment for infertility. * Compare reproductive alternatives for couples experiencing infertility. * Differentiate among causes, signs, symptoms, possible complications and management of miscarriage and ectopic pregnancy. * Describe nursing care of the family in the event of a stillbirth or death of a high-risk infant. | 7 |
| Prenatal Screening and Diagnostic Testing | * Examine risk factors for birth defects and congenital disorders identified through history, physical examination, and diagnostic techniques. * Differentiate among screening and diagnostic techniques including when they are used in pregnancy and for what purpose. * Describe nursing responsibilities appropriate in providing care for women undergoing prenatal screening and diagnostic testing. | 8 |
| High-Risk Antepartum Care: Part One | * Differentiate the types of diabetes mellitus and their respective risk factors in pregnancy. * Identify maternal and fetal risks or complications associated with diabetes in pregnancy. * Discuss implications and stabilization of trauma on mother and fetus during pregnancy. * Discuss the use of tocolytics and antenatal glucocorticoids in preterm labor. * Evaluate the effects of prescribed bed rest on pregnant women and their families. * Describe the care of a woman with post-term pregnancy. * Explain the effects of hyperemesis gravidarum on maternal and fetal well-being. | 9 |
| Simulation 1 | * Identify the registered nurse’s key actions during a precipitous delivery. * Verbalize the purpose, risks, and benefits of commonly used equipment and supplies during intrapartum period. * Distinguish fetal movements that facilitate delivery. * Accurately perform and document the assessment of postpartum and neonatal patients. * Recognize abnormal findings in postpartum and neonatal assessment. * Explain the connection between parental verbal communication, language development, and baby's brain development. | 3 |
| Simulation 2 | * Demonstrate an assessment on an intrapartum patient. * Implement appropriate actions when caring for a pre-eclamptic patient. * Analyze a fetal monitoring strip, identify the individual components, and choose the most appropriate nursing action. * Demonstrate a surgical scrub, sterile gloving, and sterile gowning, * Identify an obstetric emergency and provide appropriate nursing interventions. * Review normal procedures during a cesarean section delivery. * Identify common postpartum complications and choose appropriate nursing interventions to resolve the complications. * Demonstrate safety and cultural competency when caring for a family in couplet care. * Explain and demonstrate nursing education for the healthy postpartum couplet. | Total 14 |

**Tip:** Review your fetal monitoring.

*Note: Pre-eclampsia and postpartum hemorrhage will be on the following exam and won’t be tested here.*