**Exam 2 Study Guide 4260 2021**

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|  |  |  Questions |
| Pain Management During Labor and Birth | * Identify non-pharmacologic strategies to enhance relaxation and decrease pain during labor.
* Compare pharmacologic methods used to relieve pain in different stages of labor and for vaginal or cesarean birth.
* Describe nursing responsibilities appropriate in providing care for women receiving analgesia and anesthesia during labor.
 | 9 |
| Infertility, Pregnancy Loss, and Fetal Demise | * List common causes of infertility.
* Discuss psychologic impact of infertility.
* Describe common diagnoses and treatment for infertility.
* Compare reproductive alternatives for couples experiencing infertility.
* Differentiate among causes, signs, symptoms, possible complications and management of miscarriage and ectopic pregnancy.
* Describe nursing care of the family in the event of a stillbirth or death of a high-risk infant.
 | 7 |
| Prenatal Screening and Diagnostic Testing | * Examine risk factors for birth defects and congenital disorders identified through history, physical examination, and diagnostic techniques.
* Differentiate among screening and diagnostic techniques including when they are used in pregnancy and for what purpose.
* Describe nursing responsibilities appropriate in providing care for women undergoing prenatal screening and diagnostic testing.
 | 8  |
| High-Risk Antepartum Care: Part One | * Differentiate the types of diabetes mellitus and their respective risk factors in pregnancy.
* Identify maternal and fetal risks or complications associated with diabetes in pregnancy.
* Discuss implications and stabilization of trauma on mother and fetus during pregnancy.
* Discuss the use of tocolytics and antenatal glucocorticoids in preterm labor.
* Evaluate the effects of prescribed bed rest on pregnant women and their families.
* Describe the care of a woman with post-term pregnancy.
* Explain the effects of hyperemesis gravidarum on maternal and fetal well-being.
 | 9 |
| Simulation 1 | * Identify the registered nurse’s key actions during a precipitous delivery.
* Verbalize the purpose, risks, and benefits of commonly used equipment and supplies during intrapartum period.
* Distinguish fetal movements that facilitate delivery.
* Accurately perform and document the assessment of postpartum and neonatal patients.
* Recognize abnormal findings in postpartum and neonatal assessment.
* Explain the connection between parental verbal communication, language development, and baby's brain development.
 | 3 |
| Simulation 2 | * Demonstrate an assessment on an intrapartum patient.
* Implement appropriate actions when caring for a pre-eclamptic patient.
* Analyze a fetal monitoring strip, identify the individual components, and choose the most appropriate nursing action.
* Demonstrate a surgical scrub, sterile gloving, and sterile gowning,
* Identify an obstetric emergency and provide appropriate nursing interventions.
* Review normal procedures during a cesarean section delivery.
* Identify common postpartum complications and choose appropriate nursing interventions to resolve the complications.
* Demonstrate safety and cultural competency when caring for a family in couplet care.
* Explain and demonstrate nursing education for the healthy postpartum couplet.
 | Total 14 |

**Tip:** Review your fetal monitoring.

*Note: Pre-eclampsia and postpartum hemorrhage will be on the following exam and won’t be tested here.*